

EST. 1979

# ILLINOIS ST. FOOD EMPORIUM

NEIGHBORHOOD CAFE

## Gluten Free Menu

### GRILLED CHICKEN SANDWICH

Crisp leaf lettuce and tomato served  
with fresh fruit. \$12.25

### FRENCH DIP

Roast beef and provolone cheese served  
with an au jus dipping sauce.  
Served with fruit. \$12.25

### STRAWBERRY CHICKEN SPINACH SALAD

Grilled chicken breast, mixed lettuce,  
strawberries, almonds, mandarin oranges,  
onion and cottage cheese served with  
raspberry vinaigrette dressing. \$10.95

### BLACK BEAN SALSA SALAD

Black beans, red onions, tomatoes,  
and red & yellow peppers  
with lime marinade served over  
a bed of mixed lettuce. \$9.95

### QUESADILLA

Shredded Colby & Monterey Jack cheese,  
black beans, red onions, tomatoes, and  
red & yellow peppers served on  
a non-gluten tortilla and served  
with a house salad.

**VEGGIE** \$9.75, **CHICKEN** \$10.75  
OR **STEAK** \$11.75

## Gluten Free Desserts:

**FUDGE DELIGHTS**

**LA BETÉ NOIRE**

**TRIPLE NUT TORTE**

NOTE: Consuming raw or uncooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness especially if you have certain medical conditions. Our food is cooked in a shared kitchen using shared cooking spaces. Please consult a manager before ordering and make sure we understand your gluten free needs or any food allergies.

5550 N ILLINOIS ST  
INDPLS, IN 46208



EatInCarryOut.com  
317.253.9513