

EST. 1979

ILLINOIS ST. FOOD EMPORIUM

NEIGHBORHOOD CAFE

Gluten-Free Menu

GRILLED CHICKEN SANDWICH

Crisp leaf lettuce and tomato served
with fresh fruit. \$14.00

FRENCH DIP

Roast beef and provolone cheese served
with an au jus dipping sauce.
Served with fruit. \$14.00

STRAWBERRY CHICKEN SPINACH SALAD

Grilled chicken breast, mixed lettuce,
strawberries, almonds, mandarin oranges,
onion and cottage cheese served with
raspberry vinaigrette dressing. \$13.00

BLACK BEAN SALSA SALAD

Black beans, red onions, tomatoes,
and red & yellow peppers
with lime marinade served over
a bed of mixed lettuce. \$11.00

QUESADILLA

Shredded colby & Monterey Jack cheese,
black beans, red onions, tomatoes, and
red & yellow peppers served on
a gluten-free tortilla and served
with a house salad.

VEGGIE \$11.00 • **CHICKEN** \$13.00

BEEF \$13.00

Gluten-Free Desserts

FUDGE DELIGHTS

LA BETÉ NOIRE

TRIPLE NUT TORTE

NOTE: Consuming raw or uncooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness especially if you have certain medical conditions. Our food is cooked in a shared kitchen using shared cooking spaces. Please consult a manager before ordering and make sure we understand your gluten free needs or any food allergies.

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EatInCarryOut.com
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